

AEROBIC MONSTERS REGATTA – GENERAL LAYOUT



Aerobic Monsters Regatta
Layout view

Public Parking

Trailers

Boats

Boats

Boats

Boats

CN Infante D. Henrique (rowing club)

Rowing Club

Clubs Parking

Public Parking

Google Earth

AEROBIC MONSTERS REGATTA



SCHEDULE

- Briefing: 09:00h
- Boarding: 09:45h
- 1st Start: 10:30h
- Victory ceremony: 12:30h
- Lunch: 13:30h

AEROBIC MONSTERS REGATTA



START PROCEDURE

- Pré-positioning at white buoys – 5 MINUTES TO START
 - 2 alignment lines
 - 1 line for odd numbers
 - 1 line for even numbers
- Individual Flying Start, with 30 seconds intervals between competitors
- 10 seconds countdown at Start

AEROBIC MONSTERS REGATTA

RECOMENDATIONS

- Avoid confusion on boarding pontoon
 - Stay on water until all competitors have boarded
- Beware with navigation buoys (green or red)
- Keep your boat safe – Organization is not responsible for any damages
- Stay on-time with Schedule
 - Your Start time will not change



AEROBIC MONSTERS REGATTA – RACE COURSE



AEROBIC MONSTERS REGATTA - WARM-UP AND START

Aerobic Monsters Regatta
Warm-up and Start



Warm-up Area

pre-alignment buoy

pre-alignment buoy

Start

Finish

Google Earth

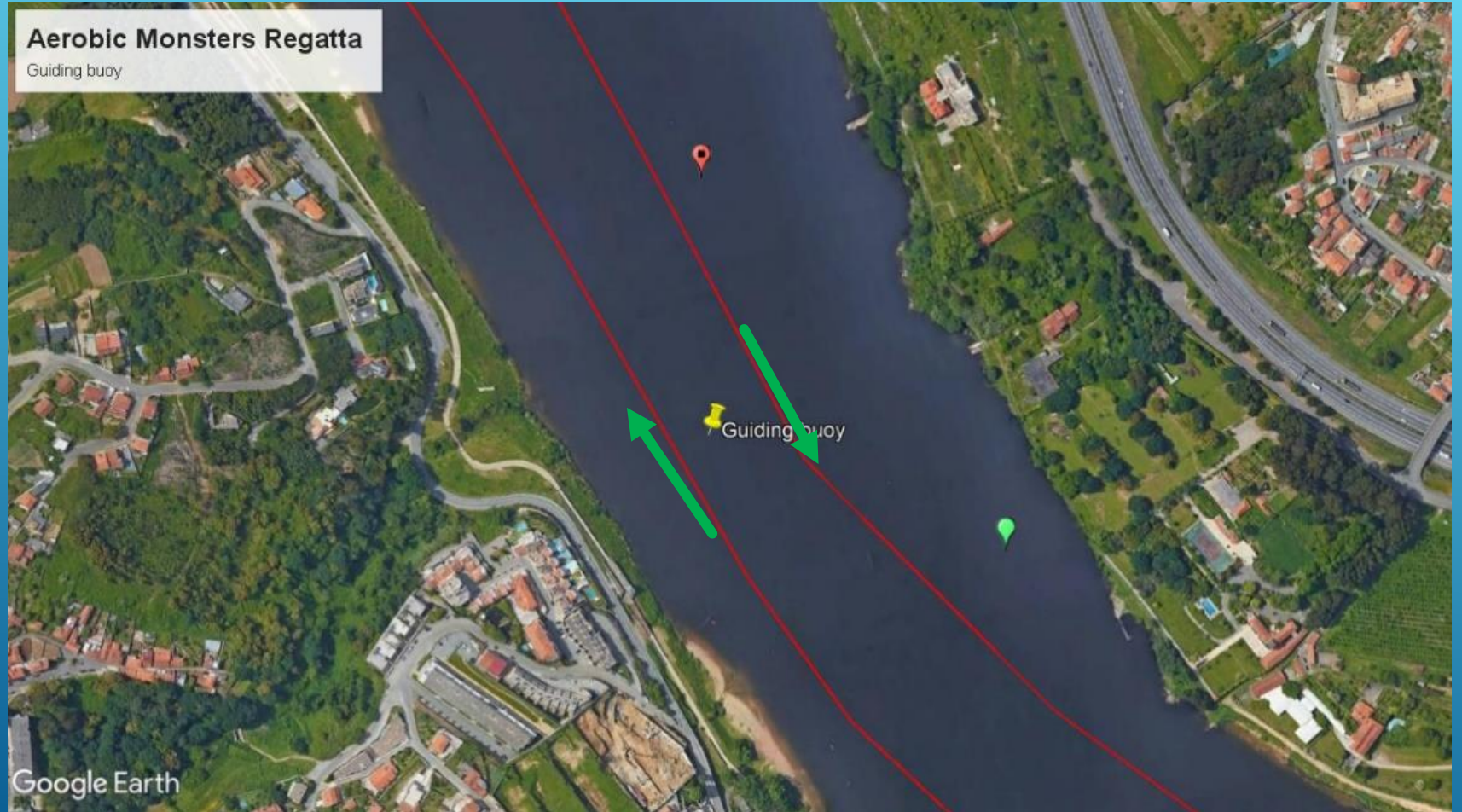
AEROBIC MONSTERS REGATTA – DOWNSTREAM BUOY



AEROBIC MONSTERS REGATTA – GUIDING BUOY

Aerobic Monsters Regatta

Guiding buoy



Google Earth

AEROBIC MONSTERS REGATTA – RETURN BUOY

Aerobic Monsters Regatta

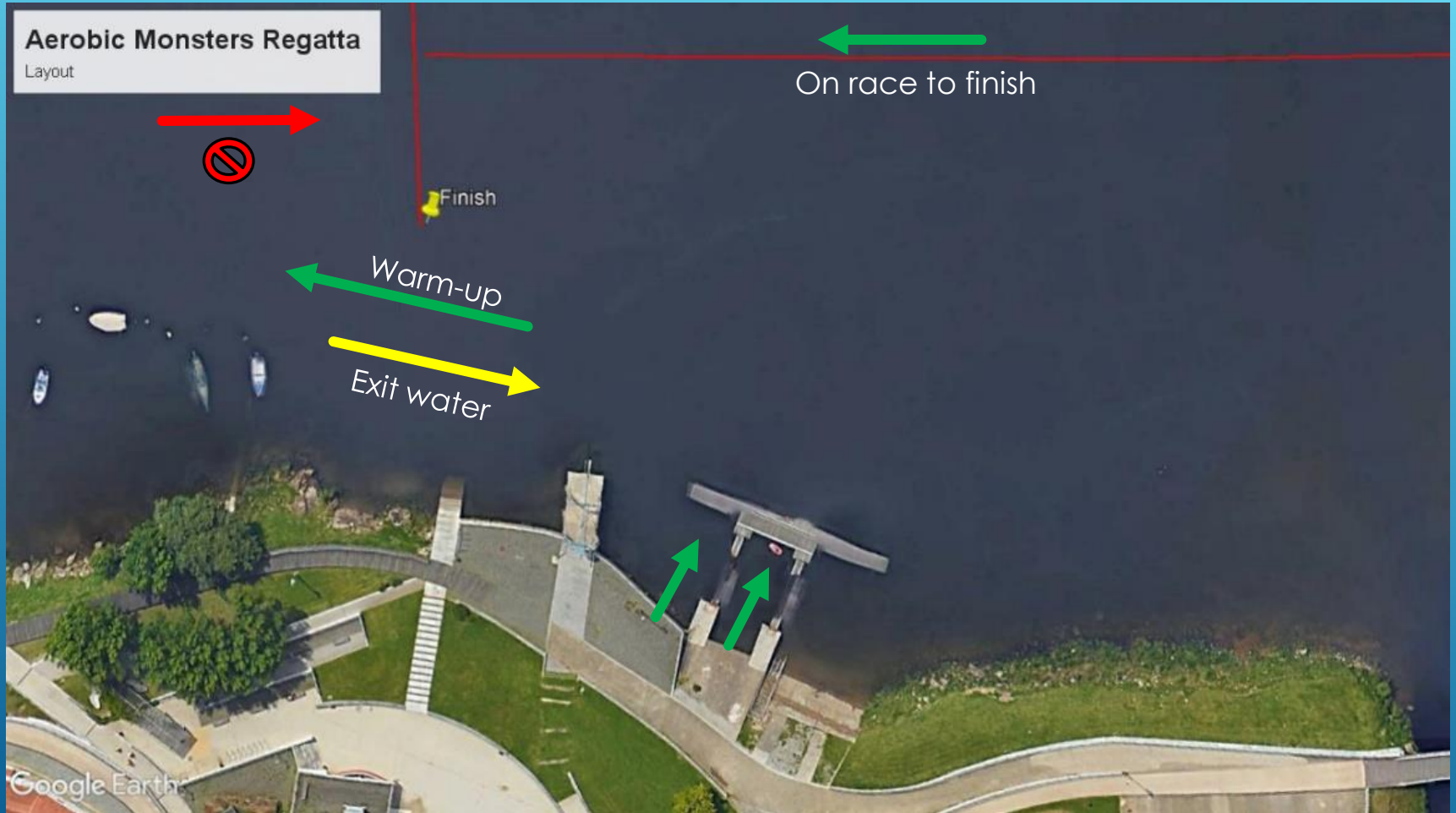
Return buoy



AEROBIC MONSTERS REGATTA – BOARDING

Aerobic Monsters Regatta

Layout

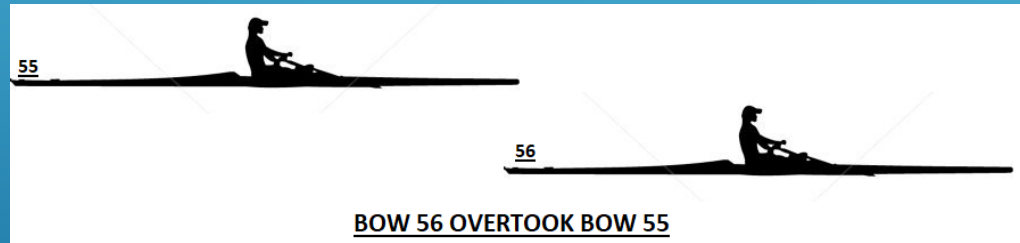


AEROBIC MONSTERS REGATTA



FAIR-PLAY

- Competitor Caught = Competitor Overtaken



- Priority to the Highest bow number
- Umpires will be at strategical points and will not follow competitors

AEROBIC MONSTERS REGATTA

PENALTIES

- ▶ FALSE START: 30 seconds penalty
- ▶ FAIR-PLAY violation: 30 seconds penalty
- ▶ MISSING DOWNSTREAM BUOY= 5 minutes penalty
- ▶ MISSING RETURN BUOY = DESQUALIFICATION



**AEROBIC
MONSTERS**



**International
Singles
Regatta**

TROFÉU



ROTA DA FILIGRANA

Filigree Route Trophy

**AEROBIC
MONSTERS**



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Regatta**

Good luck and Enjoy!!